



VOLUNTEER OPPORTUNITIES

A Rescue Mission staff member accompanies the group, provides support, and shares information about the organization's programs and impact. After volunteering, groups often receive:

- A group photo
- Information about the impact of their volunteer hours
- An invitation to provide feedback about their experience

The volunteer opportunities reviewed here are not an exhaustive list. If you have an idea or none of these events are the right fit for your group, connect with us. Our goal is to collaborate to create positive impact. **Let's create an opportunity, together.**

Individual & Small Group Opportunities

Ideal for individuals and small groups, these volunteer opportunities offer easy reoccurring cadences and do not require extensive planning as they are ongoing regardless of volunteer presence.

WAREHOUSE SUPPORT

Help process donated goods that support Rescue Mission programs and thrift store operations.

Typical tasks include:

- Sorting donated items
- Identifying items for recycling
- Preparing goods for resale
- Organizing inventory

Because tasks vary, volunteers may work on something different during each visit. Extended warehouse hours offer additional flexibility around volunteer scheduling.

FOOD SERVICE SUPPORT

Three meals are served daily on our main campus located on Gifford Street in downtown Syracuse.

Volunteers assist with tasks such as:

- Preparation of food for the week
- Serving meals
- Assisting with clean-up

These opportunities occur during scheduled meal service times and are client-facing.



THRIFTY SHOPPER & 3FIFTEEN STORE SUPPORT

Our network of thrift stores helps fund Rescue Mission programs while providing affordable goods to the community. Volunteer activities may include:

- Racking and organizing clothing
- Preparing merchandise displays
- Decorating seasonal displays
- Cleaning and maintaining store spaces

With locations throughout the region, volunteers may find opportunities close to home.

Large Group and Planned Opportunities

These volunteer opportunities are ideal for larger groups, including corporate teams, schools, and community organizations.

FOLD FOR HOPE

This opportunity supports groups of approximately 5–10 volunteers. Participants help fold and package shirts that will be distributed through Rescue Mission programs and stores while learning about the organization's Social Enterprise initiatives and how they support the mission.

During the experience, a team member will share information about Rescue Mission services and the impact of the work being done.

Volunteer activities may include:

- Folding and organizing clothing
- Standing, reaching, and bending during tasks

POLKA TOT SORT

This opportunity takes place on our Syracuse campus, includes a guided tour of the campus and can accommodate large groups of 20+. Groups help untag and sort donated items while learning about the programs and services that support individuals experiencing hunger and homelessness.

Tasks may include:

- Untagging and sorting donated items
- Organizing goods for distribution or resale

Volunteers may complete activities either seated or standing and may need to perform light reaching or lifting. This opportunity is great for groups that enjoy working together and having time to chat while completing tasks.

Seasonal Volunteer Opportunities

Throughout the year, we offer special opportunities tied to holidays, community events, and seasonal needs.

HOLIDAY MEAL PACKING & EVENT SUPPORT

Seasonal volunteer opportunities may include:

- Holiday meal preparation and packing
- Assisting with special events
- Supporting seasonal service activities
- Meal delivery into the community
- Wrapping gifts and decorating
- Deep cleaning spaces and organizing

These opportunities are typically available during the holiday season and other key times throughout the year. Ask us about family-friendly opportunities!



SYRACUSE METS 50/50 FUNDRAISER

Give your time. Make a Home Run impact.

Volunteers help sell 50/50 raffle tickets during Syracuse Mets home games. Benefits include:

- Free parking
- Free stadium entry for volunteers
- Opportunity to stay and enjoy the remainder of the game

Volunteers sell raffle tickets until the bottom of the 7th inning. This is a fast-paced, public-facing opportunity that helps generate direct financial support for Rescue Mission programs. Great for:

- Fast-paced, fun interactions with lots of community members
- Friendly competition with colleagues
(who can sell the most?)

This opportunity is seasonal and aligned with the Syracuse Mets home game schedule.

**WITH YOU
AVERAGE SALES**

IS OVER

\$2,000

**WITHOUT YOU
AVERAGE SALES**

IS LESS THAN

\$700



LET'S CONNECT

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**SET UP YOUR
ACCOUNT!**

