



VOLUNTEER OPPORTUNITIES

Thank you for considering volunteering with us. Whether you're coming on your own, with a small group, or as part of a larger organization, there are meaningful ways to get involved throughout the year, including seasonal opportunities. Explore the options below to find the best fit for your time, interests, and availability.

Individual & Small Group Opportunities

- **Thrifty Shopper Volunteers**
 - Sort, organize and assist customers
 - Age 12+ with an adult; Age 16+ without an adult
 - Volunteer shifts are scheduled during store hours
- **Serving Meals at the Food Service Center on Syracuse Rescue Mission Campus**
 - 3 shifts a day, 7 days a week
 - Breakfast (6:45 am to 8:30 am); Lunch (10:45 am to 12:30 pm); Dinner (3:45 pm to 5:30 pm)
 - Client facing service opportunity
 - Up to 4 volunteers per shift; Age 12+ with an adult; Age 16+ without an adult
- **Community Clothing Center**
 - Sort, organize and help community members find free clothing
 - Located on our Syracuse Rescue Mission campus
 - 3rd Thursday of each month from 12 noon to 3 pm
 - Up to 2 volunteers; Age 18+

Large Group Opportunities

These volunteer opportunities must be scheduled through volunteer services, and are ideal for larger groups, including companies, schools and community organizations.

- **Fold For Hope**
 - Help fold and sort shirts at our warehouse in Liverpool
 - Groups of 5 - 10 volunteers
 - Age 18+
- **Polka Tot Sort**

- Untagging and sorting donated items
- Volunteer group opportunity on our Syracuse Rescue Mission campus
- Age 12+
- **Volunteer Services Projects**
 - Assisting with event preparation, office work and other tasks
 - Groups size varies based on project needs

Seasonal Volunteer Opportunities

Throughout the year, we offer special opportunities tied to holidays, community events and seasonal needs.

- **Holiday meal preparation and packing**
- **Assisting with special events**
- **Meal delivery to the community**
- **Wrapping gifts and holiday decorating**
- **Syracuse Mets 50/50 Raffle**

Ready to Get Started?

Create your volunteer profile in [Volunteer Hub](#). Contact Volunteer Services to learn more, confirm availability, and schedule your opportunity for large groups and seasonal events.